

CASCADE BICYCLE CLUB

Memo – Bicycle Helmet Policy

To: Cascade Bicycle Club Board of Directors

Subject: Bicycle Helmet Policy

The Current CBC policy on helmets (E-2):

“Cascade Bicycle Club strongly encourages the wearing of an ANSI or Snell approved helmet on its club rides. Ride leaders may require participants on their ride to wear a helmet.”

The Cascade Bicycle Club Education Committee respectfully submits the following resolution to replace the current policy.

WHEREAS, 900 adults and children lose their lives each year because of head injuries sustained while bicycling; and

WHEREAS, ANSI or Snell approved helmets have been shown to reduce head injury by 85% and brain damage by 88%; and

WHEREAS, Knowledge of the safety benefits of helmets engenders a responsibility for setting a positive example;

BE IT RESOLVED, that Cascade Bicycle Club requires the wearing of ANSI or Snell approved bicycle helmets on all club-sponsored rides, special events and on-bike activities.

Passed 3/2/93